



**LAKE WASHINGTON
INSTITUTE OF TECHNOLOGY**

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LWTech.edu

Nursing Assistant Certificate Program

WINTER 2022

Nursing Assistant Certificate of Completion Winter 2022

Welcome,

The Nursing Assistant Certificate of Completion is a comprehensive curriculum consisting of three classes (12 credits), taken in succession, over ten weeks. Our Nursing Assistant Program, governed by Washington State and Federal Laws (OBRA 1987), is approved by the Department of Health and Social Services (DSHS) and the Department of Health (DOH)/ Nursing Care Quality Assurance Committee (NCQAC).

Achieving a Certificate of Completion at LWTech allows students to take the [National Nurse Aid Assessment Program \(NNAAP\)](#) State Evaluation Exam. Pass both the written and the skill exam, and then [apply](#) to the DOH for State Certification. Upon approval of your [application](#), you can then seek employment in the healthcare industry as a Nursing Assistant – Certified.

LWTech prepares our students for both the NNAAP Exam and employment. Our classes combine theory and hands-on skills training emphasizing professional communication, compassionate care-giving, and procedural nursing skills.

- Students learn the importance of their role as caregivers and how to deliver efficient, competent, and compassionate care while performing fundamental nursing skills such as bathing, dressing, toileting, and other activities of daily living (ADL's).
- Students learn the importance of professionalism, working as a healthcare team member, taking accurate vital signs, following infection control and safety guidelines, communicating observations, and reporting abnormal findings, using appropriate medical terminology.
- Students learn the importance of therapeutic communication, patient/residents bill of rights like privacy, respectful care, and freedom from abuse, all while promoting their patients/residents' health and well-being.

Please view the LWTech Course Catalog for Course Descriptions

NURS 107 LECTURE will be taught in person on campus, however have reliable internet to access the online content is required. Internet is necessary, as is the continuous use of the student's webcam during class meetings. The final grade is based on textbook reading, participation in discussions, full attendance, assignments, and weekly quizzes. The NA-C Certificate of Completion requires a minimum grade of 2.5 or 80% and attendance in lecture to meet state requirements.

NURS 108 Skills Lab LWTech has a spacious, modern, and well-equipped skills laboratory. Our one to one student/caregiver to student/patient ratio maximizes the hands-on practice and skills development. Our instruction methods promote teamwork, mutual respect, and an active learning environment that prepares students for Clinical and produces excellent pass rates for the State Evaluation Exam.

Lab will follow the Fall 20 protocols and procedures for Skills Lab, including social distancing. We provide each student with PPE supplies of gowns, masks, gloves, and face shields to be used while in the lab. Disinfecting procedures will also be in use by the students and staff.

NURS 109 Clinical Clinical dates and times are "to be determined" and dependent on the facility and instructor availability. Clinical will be 1 to 2 times each week, 8, 10 to 12-hour shifts, and taking place on Friday, Saturday, and/or Sunday beginning around week 5 of the quarter.

Before applying

Persons convicted of a crime may not be eligible to attend NURS 109 Clinical, take the NNAAP Evaluation Exam, or work in the healthcare field. Background checks are required.

Review the State of Washington [Disqualifying criminal convictions and pending charges:](https://www.dshs.wa.gov/sites/default/files/bccu/documents/Secretary%E2%80%99sCrimesListforALLPrograms.pdf)

<https://www.dshs.wa.gov/sites/default/files/bccu/documents/Secretary%E2%80%99sCrimesListforALLPrograms.pdf>

If you have questions please email: nursing.assistant@lwtech.edu

1. [Apply to LWTech](#)

1. [Apply for admission](#)
2. [Receive a Student ID number](#)
3. [Determine English and Math placement](#)

2. [Set up your LWTech student email](#)

Check daily for information from the college and class instructors.

3. [Meet with an Advisor](#) (425) 739-8300

Advisors are available to assist students with signing up for NAC courses during Drop-in hours only. Visit www.LWTech.edu/Advising for hours. You must have a Student ID Number and Placement to meet with an advisor. The advisor will verify you meet the pre-requisites for the NAC program (Completion of ENGL 093 or placement into ENGL 099).

Students who do not meet the English pre-requisite requirement are encouraged to contact the I-Best Advisor.

[Nursing Assistant, I-BEST | Lake Washington Institute of Technology \(lwtech.edu\)](#)

4. Attend and INFO session via zoom then you will be [Registered for Classes](#)

Register for courses: NURS 107, 108, 109.

5. [Begin your Health and Safety Requirements](#) (Clinical Passport) **See below and page 3-4****

Immediately begin your Health and Safety Requirements, also called the "Clinical Passport."

This information is due before the start of the quarter and can take up to 3 weeks to complete.

6. Attend the Mandatory Nursing Assistant Orientation for all ENROLLED Students

Date: December 14th via zoom 10-12noon

Join Zoom Meeting

<https://lwtech.zoom.us/j/85641590252>

Meeting ID: 856 4159 0252

One tap mobile

+12532158782,,85641590252# US (Tacoma)

+13462487799,,85641590252# US (Houston)

Dial by your location

+1 253 215 8782 US (Tacoma)

+1 346 248 7799 US (Houston)

+1 669 900 6833 US (San Jose)

+1 312 626 6799 US (Chicago)

****Health and Safety Requirements (Clinical Passport)**

Health and Safety requirements are necessary due to the close contact between students in the skills lab and those we care for in the clinical facilities. We ensure not transmitting vaccine-preventable diseases and give safe care to vulnerable individuals.

Scan all documents at one time and submit through your lwtech.edu email to:

nursing.assistant@lwtech.edu

Subject: NA-C WINTER 2022 First and Last name.

Copies of documents to submit:

- Records and results of required Immunizations/Titers and Tuberculin Status test
- Copy of American Heart Association BLS Certification (CPR card)
- Copy of current driver's license or photo ID card
- Summary pages of CastleBranch.com Background Check

Forms to fill-in and submit.

- CPNW Summary of requirements and dates
- Student Release of Information Form
- Hepatitis Waiver Form

Health and Safety Requirements (Clinical Passport).

Take this section and past immunization records to assist your healthcare provider

PART 1: Tuberculosis tests, Immunizations:
(Hepatitis B), MMR, Varicella, Tdap, Influenza.
Check the best way and cost to obtain proof of immunization (either through blood titers or vaccination)

Tuberculin Status: Tests are repeated yearly to measure exposure to Tuberculosis (TB). There are two tests to choose from, the PPD/ TST **or** the IGRA (QuantiFERON)
Results of either test must be Negative.
Submit documents for *one* of the following TB status test.

PPD / TST: 2 Step Skin test

Do not get any other vaccines with your first TB placement

Step 1 and Step 2 must be completed within 21 days and requires four visits.

- Step 1: Visit one** - Placement in the forearm.
Visit two - You **MUST** return within the 48-72-hour window for results.
Documentation needs to include the two dates, reaction, and size.
Schedule your second placement, usually in two weeks.
- Step 2: Visit three** - Placement in the forearm.
Visit four - You **MUST** return within the 48-72-hours for results.
Documentation needs to include the two dates, reaction, and size.

If you do not return within 48-72 hours for either result, you must repeat the test.

----- OR-----

IGRA or QuantiFERON-TB Gold Status Blood Draw:

One visit, quicker results in 4-5 days, costs \$\$ more than the PPD, unless your insurance covers the cost.

- IGRA blood draw:**

Important: People from another country who received the BCG vaccine, or people who have tested positive for TB in the past, need to get the IGRA, not the **PPD/TST** skin test, since PPD results will show a *positive* reaction. Tell your healthcare provider, and they may be able to authorize the IGRA blood draw (IGRA or QuantiFERON-TB Gold) at a lower cost.

Hepatitis B - Submit the document

- proof of starting the series with the first dose and signed Hep B waiver
 - A series of 2 or 3 doses over 7-months. Confirmed by a positive titer result.
- OR--- a signed waiver if titer results are negative.
OR--- Just starting the series

MMR (Measles (rubeola), Mumps & Rubella). Submit the document

- Two doses (dates) of vaccine OR a titer for each, showing positive immunity

Varicella (Chickenpox) Submit the document

- Two doses of vaccine OR a titer showing positive immunity

Tdap (Tetanus, Diphtheria & Pertussis) Submit the document

- within the last 10 years

Influenza Vaccine (Seasonal – August to April) Submit the document

- Required for Fall, Winter and Spring Quarter. Required by All clinical sites

Covid19 Vaccination (Fully vaccinated to attend community clinical)

Manufacturer: 1 dose or 2 doses and dates

PART 2: American Heart Association - BLS CPR Certification – Current (non-expired)
Submit a copy of the card
BLS for Healthcare Providers (CPR) class on your own, before to quarter start or IFAD 162
Must be American Heart Association (AHA) BLS Provider Card
IFAD 162 First Aid/CPR for Health Care Providers 1 credit. Date to be determined

PART 4: students enrolled in the course

Submit a filled copy of the forms:

- [Student Release of Information Form](#)
- [Hepatitis B Waiver Form](#)
- [CPNW CPNW Clinical Passport Form: \(filled out by the college, not the healthcare provider\).](#)

PART 5: Photo Identification

Submit a current copy of your signed Driver's License or School ID

PART 6: National background check only through Castle Branch Online

Submit a copy of the final summary results

Go to <https://www.castlebranch.com/>

Click on **Place Order** > use package code **LP27 Code** (for LWTech Nursing Assistant) click **Submit**
click Terms and Conditions... **Continue** > fill in PIN = **Social Security #** click **Next**

Create an account, provide the information requested and make your payment.

Results within a week Cost approximately \$ 85- \$120

Contact Castle Branch for more information or payment options.

COURSE EXPENSES (prices subject to change)

Required Textbook: **Lippincott Essentials fo Nursing Assistants.**

- Uniform: solid medium grey color scrubs, no colored piping; the more pockets, the better. Required by week two, worn all quarter for Class/Lab/Clinical. \$ 50- 80
- Shoes: non-skid closed toe and heel, waterproof leather or vinyl \$40 +
- Wristwatch: analog with sweeping second hand \$20. NO Smart or digital watches.

Expenses after completion of the course

- NNAAP State Exam Fee: \$124
- Washington State Certification application to the DOH. Fee presently: \$85

Links

NNAAP State Evaluation Exam:

<https://home.pearsonvue.com/wa/nurseaides>

Nursing Assistant Application and Forms:

<https://www.doh.wa.gov/LicensesPermitsandCertificates/ProfessionsNewReneworUpdate/NursingAssistant/ApplicationsandForms>

Application packet PDF:

<https://www.doh.wa.gov/Portals/1/Documents/Pubs/667039.pdf>

WAC 388-133-0020 Disqualifying convictions and pending charges:

<https://apps.leg.wa.gov/wac/default.aspx?cite=388-113-0020>